

HARVEST | MAY OF THE MONTH

RADISHES

EXCELLENT SOURCE OF VITAMIN C | **EAT** THE GREENS, TOO!



HARVEST OF THE MONTH

Through the Harvest of the Month program, an item that grows locally is featured each month in schools, grocery stores, restaurants, and farmers markets. There are so many reasons to eat with the seasons! Visit whatcomfarmtoschool.org and eatlocalfirst.org for recipes, stories, a food atlas, and more.

