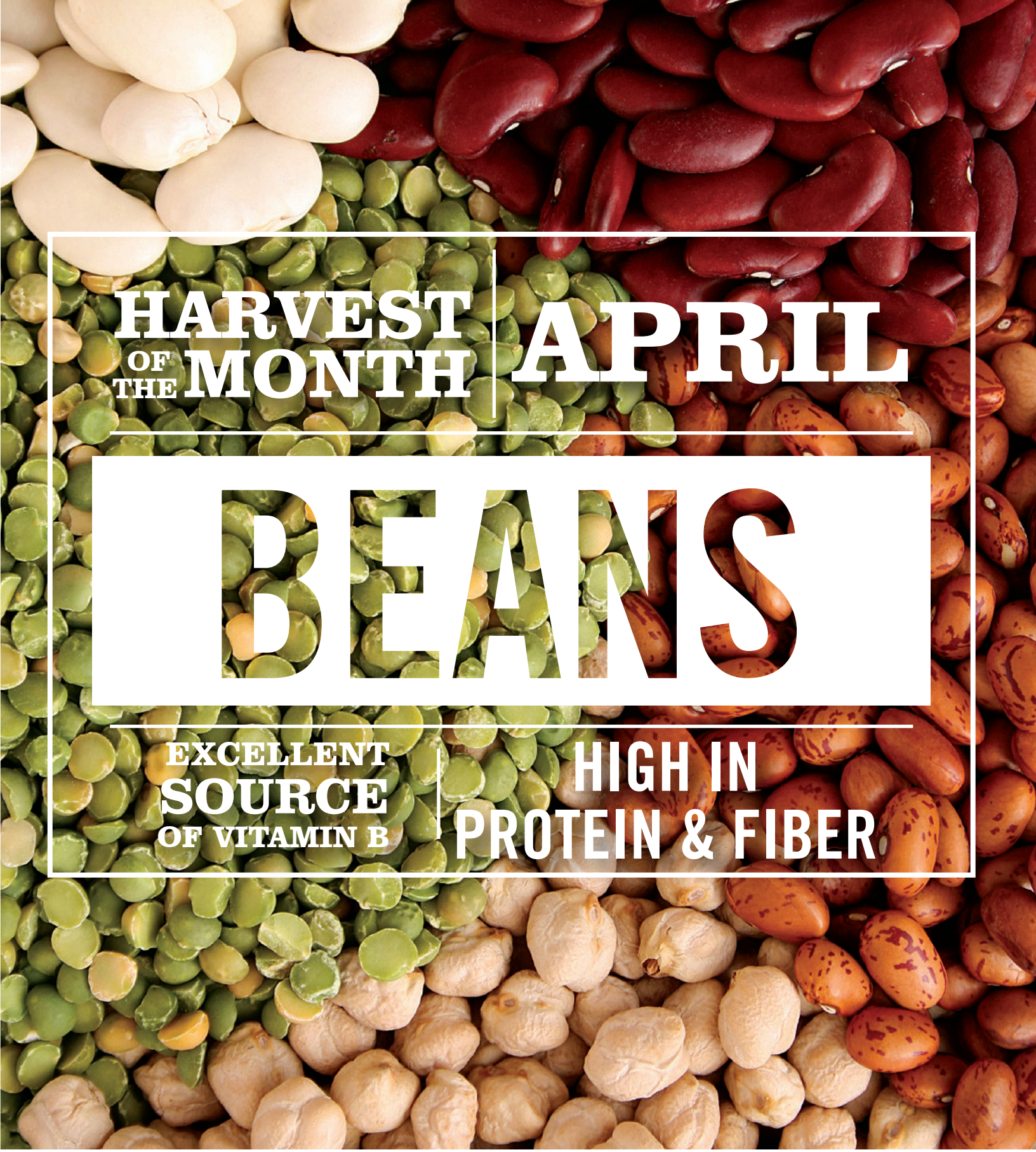

HARVEST OF THE MONTH | APRIL

BEANS

EXCELLENT SOURCE OF VITAMIN B

HIGH IN PROTEIN & FIBER

HARVEST OF THE MONTH

The Harvest of the Month program features a local and seasonal produce item on school menus each month. Now you can celebrate Harvest of the Month community-wide! Look for the harvest item at local grocery stores, restaurants and farmers markets to Eat Local First all year long!