

# Persuade Picky Pat Contest!

At all the Whatcom County public schools this year, students have had the opportunity to try locally grown fruits and vegetables in school lunches through the Harvest of the Month Program. Now we are asking elementary students (grades 2-5) to encourage others to give these local foods a try!

**Step One:** Pick your favorite Harvest of the Month item (cherry tomatoes, broccoli or cauliflower, carrots, apples, potatoes, raspberries, kale, blueberries, spinach, strawberries). Now pretend you have to convince Picky Pat, an extremely picky eater, to taste it.

**Step Two:** Write about why you like your favorite Harvest of the Month item and why you think Picky Pat will like it too. Be sure to include some details to convince Picky Pat, such as what makes it especially yummy? How does the food grow? Do you know someone who grows it? How do you like to eat it best? You could even include your favorite recipe featuring the harvest item! Persuade Picky Pat to come on already, and try this food!

- You can use a pen and paper or computer to write your piece.
- The length of the piece should be between 250 and 500 words.

**Step Three:** Illustrate your writing with original, hand-drawn artwork.

- This should be done on a separate 8 ½" x 11" piece of paper.
- You can use crayons, pens, colored pencils, markers, or paints, but *not* a computer.

**Step Four:** After you have done your writing and created your picture:

- Please write your name clearly on the backs of both pieces.
- Fill out the **Entry Form** for "Persuade Picky Pat Contest" found online at [www.whatcomfarmtoschool.org](http://www.whatcomfarmtoschool.org) and at your local library.
- Paperclip the writing, artwork, and Entry Form together.
- Hand Deliver to the nearest Whatcom County Library, **or**  
Mail or hand deliver to: Whatcom Community Foundation  
119 Grand Ave., Suite A  
Bellingham, WA 98225  
Attn: Persuade Picky Pat Contest
- You may also submit your entire entry electronically. Scan and email your illustration along with your essay and Entry Form to [info@whatcomfarmtoschool.org](mailto:info@whatcomfarmtoschool.org).
- Deadline: All entries must be received by **5:00 p.m., May 11, 2012.**
- If you would like your entry returned, please enclose a self-addressed, stamped envelope.

**Step Five:** Cross your fingers that you have won! Prizes will be awarded in two age brackets: grades 2-3, and grades 4-5. Entries will be judged on:

1. How well your writing convinces Picky Pat to try the harvest item (the contest will be judged by picky eaters!).
2. How well your artwork shows off your chosen fruit or vegetable.

**Step Six:** Claim your Prize: Two \$25 cash prizes will be awarded within each age bracket -- one for writing and one for artwork. Plus, winners will have their writing and/or illustrations published in the 2012 Harvest Dinner Cookbook, and receive a free copy of the cookbook!

**Questions?** Contact Priscilla Brotherton, [brothertonwf2s@gmail.com](mailto:brothertonwf2s@gmail.com).